

# SANCTUARY LAKES RESORT NEWS

August 27, 2019



## THE STATE-WIDE ELECTRONIC WASTE BAN IS HERE!

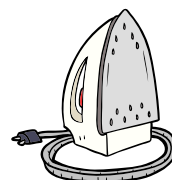
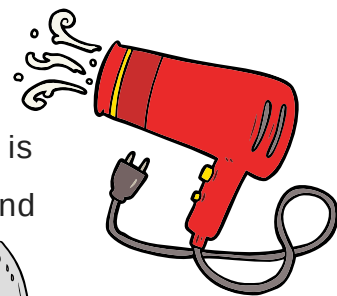
Electronic waste is growing 3 times faster than the rate of standard waste. It contains potentially hazardous and valuable materials, which don't belong in landfill.

To help protect our environment and recover more precious resources, the Victorian government has banned all electronic waste from going to landfill as of Monday 1 July 2019. That means, e-waste can't go in any bin. While you can't put your e-waste in your home rubbish or recycling bin, you can take it to the Werribee Refuse Disposal Facility at 470 Wests Road or to the Wyndham City's next Pop Up E-Waste drop off event listed below:

You can bring any unwanted e-waste to the drop off event below to have it recycled free of charge.

- Saturday 7 September 2019, 1pm - 4pm: Encore Events Centre, 80 Derrimut Road, Hoppers Crossing.

E-waste (electronic waste) is any item with a plug, battery or power cord that is no longer in working condition. Including small appliances such as toasters and coffee machines, electric tools like drills and sewing machines and IT equipment such as computers and laptops.





## REC CLUB CONSULTATION PROCESS

SLRS will be hosting another community drop in session at the Community Office.

Members of The Board, CEO and staff will be on hand to discuss the potential redevelopment. There is no need to RSVP, just show up and our team will be there to chat about the initial concept and the process going forward.

**When:**

Saturday 31st August - 10am to 1pm

**Where:**

Sanctuary Lakes Office, 72 Greg Norman Drive

If you can't make this event please email your queries to [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au).

We look forward to seeing you there!



## REC CLUB CLOSURE AND REPAIR WORKS

There is a water leak in the female showers, the showers will be out of action from Friday 23 – Friday 30 August, while repairs take place.

In addition to this the entire gym will be CLOSED for a spring clean on Sunday 1 September.



## PLOVERS NESTING - TIMES SQUARE PARK

There are currently a pair of Plovers nesting in Times Square Park.

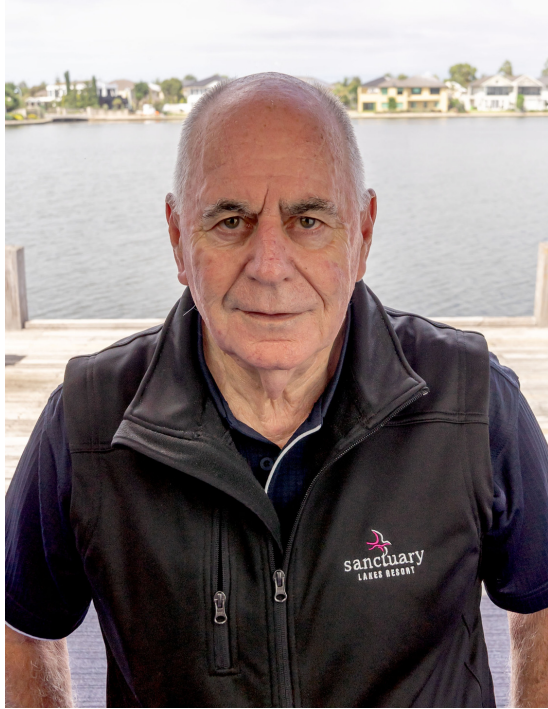
Plovers are very protective of their nests and chicks. This is particularly the case after the chicks have hatched. Adults will dive on intruders, use loud noises and swooping in an attempt to lure the intruder away from the nest.

Parents please discuss this with your children and ask them to keep away from nests which are on the ground.

- It is important to remember that plover aggression only occurs for a short period of time. Once the chicks have hatched, the level of attacks will significantly decrease.
- If you have plovers swooping in your area, try to avoid the nesting area and do not antagonise the birds.
- If you cannot avoid the area, try not to walk directly towards the birds or make eye contact with them. Wearing a large hat or bike helmet when in their vicinity can also help.



## MEET THE SECURITY MANAGER: JOHN POLLARD



### Tell me about yourself?

As a young man I was a member of the Federal Police force, serving in Canberra at the time. I have been a “Small Business Man” having employed a workforce of 7 men at one time. I also studied Management at Swinburne University.

My wife, Lani, and I enjoy travel. We have been to 18 countries together and she has squeezed in another 3 or 4 on top of that (without me!). I look forward to adding to the tally in the near future.

### What is your favorite thing about Sanctuary Lakes Resort?

The Residents and the Working Environment. I have had such an enjoyable “working life” here having developed a great relationship with so many Residents and Staff.

Add to that the fact I was previously working in the Eastern Suburbs with the day long traffic jams and the hassle of getting from one spot to another. We can complain about Point Cook Rd all day but we should be thankful we don't have to negotiate High Street Rd among many others on the other side of the City.

When I worked on building sites in the city surrounded by concrete and glass canyons, vehicles, trams, and throngs of people it was harsh. Everything was harsh and noisy! I can truly say having a job in Sanctuary Lakes is almost akin to being a Park Ranger in some terrific location. The Lake, the swans and pelicans, the manicured Boulevards, the magnificent homes all make this a very pleasant workplace.

### What does a typical work day look like for you?

Every day has challenges, I cannot deny that.

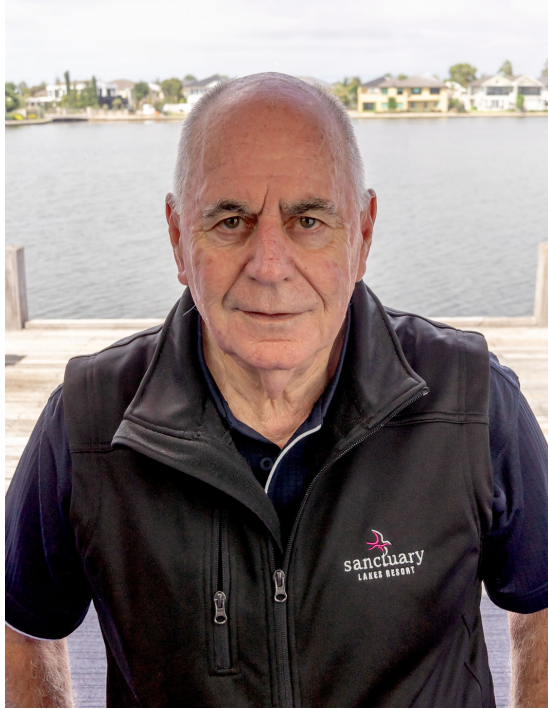
Every new home built and occupied adds to the responsibility to maintain that sense of “Security” that so many Residents have identified as being of such importance in their day to day life here at SLR.

But I am able to say we have built a Security Team that is able to work together, in the main without conflict, and willing to support their workmates when needed. Can “Security” be improved? Indeed it can, but good things cost money so patience is a necessary element to my job. That and having a Long Term vision so as to not be frustrated in the short term.





## MEET THE SECURITY MANAGER: JOHN POLLARD



### How did you end up working at Sanctuary Lakes Resort?

I identify as a Queenslander but moved to Melbourne some years ago to work in the Construction Industry in the City.

Just after the turn of the century I received a call from the then Security Manager asking if I could lend a hand as he needed someone who could read building plans, and I am still here some 18 years later.

The General Manager of the day named Peter Butler took a chance on me and appointed me to the job of Security Manager.

Over the years since then I have been fortunate enough to work in several Departments both in Club and for SLRS – and now I have been recycled back to Security.

### What other interests do you have?

My wife and I enjoy eating out and the Theatre.

We enjoy long drives and have driven to such places as Mt Dandenong Tourist Rd, the Atherton Tablelands, Alice Springs and the Devil's Marbles in the NT.

I do not get the time to go Surf Fishing or SCUBA Diving lately but have full intentions of resuming these pursuits in days to come.

### One thing people don't know about you?

Despite my demeanour at work where I have to "be in charge" and lead the way, I prefer to be an onlooker; sometimes following the herd – sometimes peeling off and doing my own thing.

I believe I would make a great Hermit. But I would need to be a "switched on" Hermit with access to Wi-Fi and modern communications.





# NATURE'S RUBIK



## SALTBUSH



NATURE'S  
RUBIK

by Tom Parkinson

The most common Australian native bush growing in Sanctuary Lakes are the Saltbush. When Greg Norman first inspected the area, he was impressed by the presence of this silvery grey-blue shrub and thought they were an ideal bush to be grown in the rough on a links course plus they would give an individual and distinctively Australian look to the course.

The name Saltbush derives from the simple fact that the plants retain salt in their leaves and are able to grow in areas affected by soil salination.



**Old Man Saltbush *Atriplex nummularia***

The story of the Saltbush in the Sanctuary Lakes area has been quite dramatic. Pre-European, they were a widespread and common shrubbery. Indigenous groups used the Saltbush which they called "Purngep" or "Binga" in baking, where the seeds were ground and mixed into dampers. The leaves were used for medicinal purposes, and often added to water as skin cleansers for sores, burns and wounds. The first European settlers in our district, Drayton, Irvine and Chirnside, cleared the land for Cattle grazing and thereby ridding the Saltbush. But the removal of the Saltbush caused increased levels of salt in the soil to rise and killed salt-sensitive vegetation, spoilt drinking water, destroying natural ecosystems and created patches of bare ground. Much later in the early- 20th century, the Saltbush were replanted and ironically became a supplementary fodder for the sheep and cattle. When Cheetham Salt Works closed in the 1990s numerous Saltbush were planted over the wetlands to help desalinate the soil and it probably would have been these shrubs that caught Greg Norman's eye.

There are over sixty species of Saltbush in Australia. The two most predominant in Sanctuary Lakes are the Coastal Saltbush and the Old Man Saltbush.



**Old Man Saltbush *Atriplex nummularia***

The largest of the Australian saltbushes, Old Man Saltbush can grow up to two and a half metres high and four metres wide. Its leaves vary from one to five centimetres long, have a scaly coating which gives them an attractive blue and silvery grey colour. The shape of the leaves may vary considerably from elliptical to almost circular, both on the same plant and in different populations of the species.

As many Golfers who have had the misfortune of driving their ball into the Old Man's shrubbery know, it has at its base, a mass of woody lattice stems which branch and criss-crosses along at ground level, utilising a taproot which connects to a moderate to deep root system.

# NATURE'S RUBIK



## SALTBUSH



NATURE'S  
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Throughout the year, Old Man Saltbush produces very small flowers which are wind pollinated. Male and female flowers occur on separate plants. The female flowers are in dense clusters along panicles about 20 cm long and the male flowers are in disjunct globules at the ends of branches. After fertilisation, leafy bracts of the female flower become enlarged and surround the developing seed. These fruiting bracteoles are attached only at the base and are approximately one centimetre wide in the shape of a fan.



**Coastal Saltbush *Atriplex cinerea* on the Northern Boulevard**

Besides there being prominent hedgerows on the Sanctuary Lake's Boulevards and Golf course, the Coastal Saltbush, as its name suggests, can also be seen on our coastline, the Cheetham Wetlands.

The Coastal Saltbush, *Atriplex cinerea* is found in sheltered parts along the coastal fringe of Melbourne's Port Phillip Bay. It grows to a bush of up to two meters high and five metres wide and has



**Coastal Saltbush *Atriplex cinerea* on Cheetham Wetland**

striking silver-grey lance-shaped to oblong leaves, up to 10 cm long with a blunt apex and a short stalk. Unlike most other Saltbush plants, it can grow in part shade waterlogged soils and even dry soils.

Like most Australian Saltbush, Coastal are dioecious (separate male and female plants). Female flowers in axillary clusters arising from the axils or junctions between stem and leaf. Males in large globular clusters on a long thick spike or spicate panicle. The fruiting bracts are fused below the middle, they are sometimes swollen at the base and become woody at maturity.

The Coastal Saltbush is unusual in that it produces a habitat around itself. Walking along the Boulevards and the fringes of the Golf Course, where there are hedgerows of Coastal Saltbush you will invariably see couples of Blue Fairy Wrens. What is not immediately obvious is that these little birds have an affinity to the Coastal Saltbush. The Coastal's habitat provides dense shelter for the delicate Wrens, who are susceptible to cats and being chased off by noisy miners. The Saltbush also is an invaluable habitat for a variety of insects, butterflies and moths, a mouth-watering diet for any Blue Wren. Food and shelter, what more would you want as a little pretty bird!

At the beginning of this Rubik I introduced the Saltbush as a food source for Indigenous Australians but various species of Saltbush were also part of the European diet... To continue reading this article click [here](#) to head to our website.



# WHAT'S ON

Around Sanctuary Lakes



## Hand Edging Completed

Resort Maintenance has finished hand edging the non-cart path side of the Boulevards where the tractor edger is unable to edge. This includes all parking bays, pits and drain covers. RM has begun edging the cart path side, but will only edge areas where the tractor edger is unable to edge.

## Fountain Light Replacement

Last week the fountain lights in the water feature at the entry on Point Cook Road were replaced.

While the water feature was empty for the light replacement the RM team gave the whole water feature a good clean.

## Sea Grass

Over the last fortnight the lake team have taken 14.4 tons of sea grass to the tip.



## FX7 Out For Maintenance

The FX7 (deep water harvester) is currently out of the water for survey and maintenance. It is expected to be out of the water for two weeks.





# COMMUNITY NOTICEBOARD

To advertise contact: [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au)

\*conditions apply

## EXERCISE

*helps you sleep*

Reduce stress and strengthen your circadian rhythms for better sleep.

Join the Rec Club today!

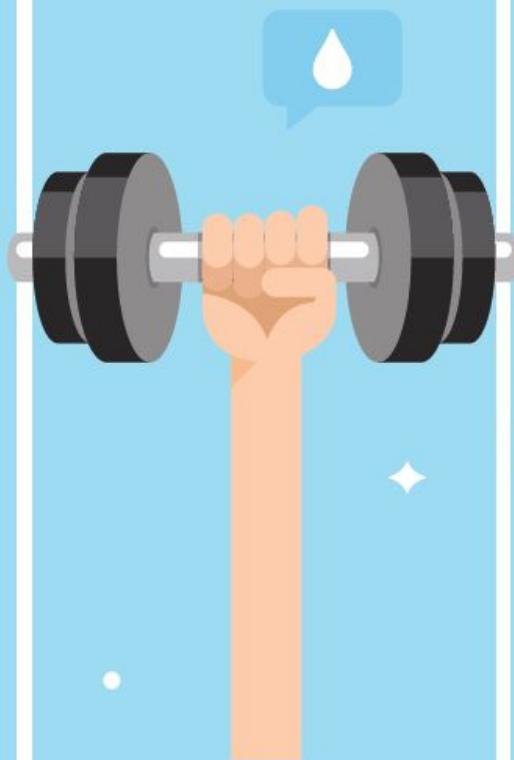


### MORNING

Suggested workout:

**Cardio**

Allow for a longer warm up time in the morning.



### AFTERNOON

Suggested workout:

**Strength**

After a workout, allow 4-5 hours before sleep.



### EVENING

Suggested workout:

**Yoga**

Avoid high impact workouts in the evenings.

Contact reception for more information  
9394 9430 | [recclub@sanctuarylakes.net.au](mailto:recclub@sanctuarylakes.net.au)

sanctuary  
LAKES RESORT

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