



# SANCTUARY LAKES RESORT NEWS

January 29, 2019



## CHRISTMAS AT THE LAKES PRESENTATION

Last Tuesday the Christmas at the Lakes committee presented the CFA, Lions and Rotary cheques from the Christmas at the Lakes event.

A thank you for their work personally and for supplying volunteers, without whom we could not run the event.

The 13th Annual Christmas at the Lakes will be held on Saturday 7th December, 2019 mark it in your calendars and, if you can volunteer for a couple of hours on that day it would be greatly appreciated.



# ANNOUNCEMENTS



## NBN READY ALARM INSTALLATIONS

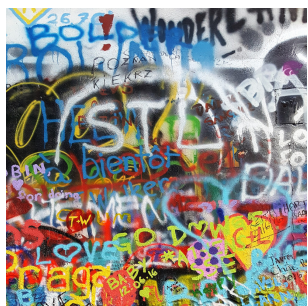
If you have already connected to NBN there may be problems with your Alarm's ability to communicate with the Monitoring Service. Contact SLR Security today to arrange an alarm upgrade, please note due to high demand there is currently a 6 week lead time on installation.



## PICKING UP AFTER YOUR DOG

It's been brought to our attention that some dog owners are picking up their dog droppings, but then throwing the used bags into the lake. Our Lake team are pulling 4-6 bags a day from the lake.

All animal waste should be properly disposed of, at the home of the pet owner or within specified dog litter bins. Thank you.



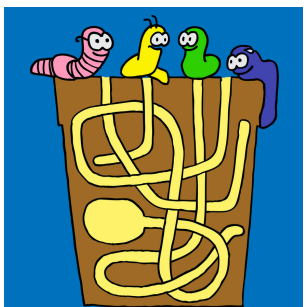
## GRAFFITI REMOVAL

We aim to remove graffiti within one business day of it being reported. Our Security team is always on the look out, but if you see any graffiti around the resort please report it to our office on [ocmanager@sanctuarylakes.com.au](mailto:ocmanager@sanctuarylakes.com.au), and we'll arrange to have it removed.



## SHOPPING TROLLEYS

The amount of shopping trolleys being left around the estate is on the rise. Shopping trolleys which are not returned to their retail store are considered litter. Abandoned trolleys can be a hazard to road users and are an unsightly addition to our parks and reserves. Please contact our office if you notice abandoned trolleys around the estate.



## DISCOUNTED WORM FARMS FOR RESIDENTS

Make your own compost, and halve your household waste! Wyndham residents are currently eligible for up to 50% off Wormlover worm farms and compost bins.

For more information visit:

<https://www.wyndham.wormlovers.com.au/>

# NATURE'S RUBIK

SANCTUARY LAKE'S FIRST NATION

BY TOM PARKINSON

## HISTORY



The great thing about Australia Day is that it allows us the time to reflect on who we are. First Nation's wise man Noel Pearson stated there were three narratives that made Australia – the story of the longest continuous living culture on Earth; the tale of the British colonial project and the institutions that have helped shaped our society; and thirdly the narrative of arguably the most successful multi-ethnic, multicultural nation on the planet.

Every time we wander around our neighbourhood, we can see the second and third narratives intertwined. But what of the first culture. Who lived in Sanctuary Lakes prior to the Europeans arrival and what do we know about them?

Indigenous historian Bruce Pascoe documented how Aboriginal peoples lived here for multiple millennia before Cook arrived. By using fire, they established a cultivated form of land management, and carefully tended irrigation with simple straight forward farming and fish-trapping practices – constructed shelters made of clay-coated wood – and socially operating as a cluster of distinct but connected democracies.

When Captain Cook arrived at Botany Bay in 1770, living here on the land around Sanctuary Lakes was a generous family clan the Yalukut Weelam, the river people of Port Phillip. They were part of the larger Boon Wurrung tribe, and they spent their summer months living in a veritable food bowl between the Werribee River mouth and Koroit Creek.



# NATURE'S RUBIK

SANCTUARY LAKE'S FIRST NATION CONTINUED

BY TOM PARKINSON

The Yalukut Weelam people were semi-nomadic who moved on a regular, annual, set pattern around the fringes of Port Phillip Bay from the Werribee River in the west to St Kilda in the east. Within the limits of their territory they took advantage of seasonably available food resources. As Gary Presland described in his book "The Lost Land of the Kulin"

"Their way of life was adapted to their environment in a number of ways. Their hunting equipment and techniques had been developed over a long period and were suited to the purpose. They had an intimate and detailed knowledge of their landscape. This knowledge was passed from one generation to the next. So well did they know their territory, and so efficient were they at getting all they needed, they had to work only a few hours a day for basic needs. This left a lot of time for other pursuits; much of which was spent in developing the non-material aspects of life. These aspects included typical human recreations such as music, dance, and the graphic arts. And of course, there was the spiritual side of life, which in Aboriginal culture was extremely rich."

Indeed, for the Yalukut Weelam people the spiritual narration was central to their way of life.

Based on ancestral Lore from the Dreamtime – they had to take care of their country. This meant moving around their land, preserving it and using it wisely – not exhausting resources. It also meant fulfilling social and spiritual obligations and rituals....

To continue reading this article in full please click the link below, you will be redirected to our website where an archive where all of Tom's Nature's Rubik articles can be found.



<https://www.sanctuarylakesresort.com.au/index.php/publications/natures-rubik>





Summer may almost be over but your soil still needs protection on hot days. Add more mulch to your garden beds where the recent heavy rains have washed away the previous mulch. Mulching provides a barrier against the hot sun and helps keep the soil moist. Remember to water before you mulch.

When it comes to watering, do it first thing in the morning, a deep drink for your plants twice a week, depending on the weather, is better than more regular shorter watering. Shorter watering encourages a shallow root system on plants. On hot days these plants stress more easily.

Now is the time to get rid of any weeds in your garden. They love warm weather and the longer you leave them the harder they are to eradicate. Creeping weeds like couch, buffalo and kikuyu that have invaded garden beds should be controlled using a herbicide.

February is a good month to start preparing your garden plots for winter vegetables. Vegetables like broccoli, cabbage, cauliflower, carrots, leeks, brussels sprouts and parsnips should be planted once the weather cools down. A handy hint is to stagger your planting so that the vegetables ripen over a staggered period, not all at once.

Other important gardening jobs include feeding your citrus trees, and re-potting plants if they need it. Deadheading flowers, removing spent plants, staking tall perennials and don't forget to raise the blades on your lawnmower. Leaving your grass longer means longer roots and cooler soil, encouraging a deeper root system. Keep an eye out for Powdery Mildew on all plants in humid weather. Control Aphids on roses.



## SLOW DOWN: BACK TO SCHOOL MEANS SHARING THE ROAD

School days bring congestion, school buses are picking up their passengers, kids on bikes are trying to get to school before the bell rings, hurried parents are trying to drop their kids off before work.

It's never more important for drivers to slow down and pay attention than when kids are present – especially before and after school.



### **Safety tips for drivers:**

With hundreds of children returning to school this week, it's critical for drivers to ensure they exercise extreme caution when travelling through school zones.

The following safety tips can easily help:

- \* Be aware of the placement of schools in your local area so you know when school zones are approaching.
- \* Remember that children can be unpredictable and misjudge traffic.
- \* Always stay alert and aware of their movements.
- \* Remain focused on both the road ahead and pedestrians in your peripheries while travelling through a school zone.
- \* Constantly check your speed and make sure you stick to the speed limit. A pedestrian hit by car at 40km/h has 75% chance of surviving. At 60km/h, the survival rate drops to just 15%.

### **Safety tips for parents and children:**

To ensure your child's journey to school is a safe one, keep in mind the following tips:

- \* Keep your kids close. Children up to 8 years of age should hold an adult's hand on sidewalks, in carparks, and when close to a road.
- \* Children up to 10 should hold an adult's hand when crossing the road and should be supervised around traffic.
- \* Teach your children to minimise distractions, such as listening to music in headphones or playing on devices when close to a road.
- \* Have open and honest conversations about the risks involved in a road traffic environment.





# COMMUNITY NOTICEBOARD

To advertise contact: [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au)

\*conditions apply

## The Masked Ball

The beginning of March sees the season of the Italian Carnival with its epicentre the Masked Ball. On March 2nd, Sanctuary Lakes and Point Cook will echo these fabulous events with its very own Masked Ball.

There will be live music from Sanctuary Lakes own Band, dancing, roving magic, traditional entertainment, Venetian décor and a multitude of hilarious, frightening and zany creative costumes, silent auctions, a wine pull and more. Great food and complimentary wine. A Masked Ball is said to be the only time when everyone, disguised by their masks, can play and have fun together. Remember behind every Mask there's a story.

SATURDAY • 2ND MARCH • 2019  
AT SEASONS 5 • 454-460 POINT COOK ROAD 3030

**VENETIAN**  
*Masquerade* **BALL**



**BEHIND EVERY MASK IS A *Story***

ALL PROCEEDS WILL BENEFIT CIKA RESEARCH  
CANCER IN KIDS AUXILIARY

PROUDLY SUPPORTING THE ROYAL CHILDREN'S HOSPITAL FOUNDATION



**TICKETS: [www.trybooking/ZRMR](http://www.trybooking/ZRMR)**



Sanctuary Lakes Band

To advertise on the noticeboard, please contact: [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au)

Please note that advertising is only permitted by non-profit organisations, local community based groups and organisations and is subject to approval by SLRS.



For full details and events please visit:  
<https://www.facebook.com/PCPOPUP/>



# WHAT'S ON

Around Sanctuary Lakes



## New Path from Celebration Drive to the Golf Course

A new path is being installed to allow golf buggy access from Celebration Drive onto the golf course. Below are some progress photos of the work so far.



## Are We Missing Something?

Is there something you would like to see on our social platforms or newsletter that we're currently not including?

Please send through your suggestions to [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au) and we will add them into the mix.



## Connect with us

SANCTUARY LAKES  
RESORT SERVICES  
(SLRS) OFFICE: 9394 9400

FACEBOOK: SANCTUARY LAKES  
RESORT SERVICES  
TWITTER: @SANCTUARYLAKES1  
INSTAGRAM: @SANCTUARYLAKES3030

OWNERS CORPORATION  
ADMINISTRATION:  
9394 9400

ARCHITECTURAL REVIEW  
COMMITTEE: 8320 5393

SECURITY: 9394 9477

RECREATION CLUB  
(INCLUDING TENNIS  
COURT BOOKINGS):  
9394 9430