



# SANCTUARY LAKES RESORT NEWS

June 18, 2019



## KEEPING OUR ESTATE BEAUTIFUL

There is approximately 16 hectares of public open space and in excess of 5,000 street trees within Sanctuary Lakes Resort. The many parks, gardens and street trees are maintained and irrigated by SLRS Resort Maintenance staff, with assistance from staff from Mambourin. Mambourin promotes independent living by offering employment to adults with a disability. SLRS are pleased to be able to support and work with Mambourin and their staff.

All vegetation planted and maintained by SLRS are as per The Master Plan guidelines which were developed by the developers' landscape architects.

The signature plants along the boulevard are:

- Angophora costata (Smooth Barked Apple)
- Populus simonii (Simon Poplar)
- Rosa x Noaschnee (Flower carpet roses)

The landscape quality of the boulevards, parks and gardens are well above what would be expected in normal residential streets within Wyndham City Council (WCC) and include:

- Architectural trees of a largely deciduous nature under planted by hardy flowering bushes in beds watered by drip systems.
- Nature strips, reserves and median strips that are mown and weeded regularly.
- Recycled water used for irrigation to maintain a healthy appearance all year round.

In recognition of SLRS undertaking this high standard of maintenance, WCC provides each lot owner within Sanctuary Lakes Resort with a rebate on their council rates for public works and services that are typically the responsibility of WCC but are done by SLRS as per the WCC and SLRS Maintenance Contract. The rebate this year is \$210.30.

All playground equipment is owned and maintained by Wyndham City Council (WCC).

If you notice any parks, gardens or playground equipment requiring maintenance, please email [ocmanager@sanctuarylakes.com.au](mailto:ocmanager@sanctuarylakes.com.au).



## IMPORTANT NOTICE - NBN

Have you upgraded to NBN yet? If so, you should have upgraded your alarm system too.

Old alarm communication systems are NOT compatible with NBN and in most cases will stop reporting back to security which includes smoke alarm monitoring. Last fortnight there was a house fire that we were not made aware of due to this very issue.

In addition to this there is a chance that the NBN (if not isolated from the alarm panel itself) can cause the alarm to short circuit resulting in an additional cost to the owner – repair costs can be up to \$1,000.

If you would like to upgrade your alarm system, or to find out more information please visit our website:

<https://www.sanctuarylakesresort.com.au/index.php/resortfacilitie/security>



## KEEPING FOOTPATHS ACCESSIBLE

Housekeeping reminder, please ensure that plants, trees and other vegetation on your property does not obstruct public areas (nature strips).

We regularly visit properties to identify trouble spots and you will be asked to trim trees or plants that are deemed to be unsafe or blocking access to public areas. Thank you for your understanding.



## FEE REMINDER

With fees due to be issued on 3rd of July we ask property owners to make sure their contact details are up to date, to ensure correct delivery of fee notices.

Please note that anyone currently on a direct debit will automatically roll over to begin again in August. Direct debits run from August to May. If you wish to cancel your direct debit please do so in writing to

[accounts@sanctuarylakes.com.au](mailto:accounts@sanctuarylakes.com.au)



## FREE DOGGY BAGS AVAILABLE

PLEASE clean up after your dog. When you own a dog it is your responsibility to clean up after it.

Dog owners should ensure they always carry a bag suitable for the collection of their dogs droppings, alternatively there are also free doggy bags in a number of locations around Sanctuary Lakes. Please only take one or two bags as required.





## REC CLUB HYGIENE/RULES

In recent weeks we have received various complaints about some basic hygiene issues at the Rec Club. The following rules and regulations have been established for the protection and benefit of all members to ensure safe and sanitary operation of the Rec Club facilities.

We ask that residents do not shave or cut their hair in the change rooms. After using the change rooms please be sure to clean up behind yourself, and make sure the showers are left in a clean and tidy condition for the next user.

Parents are requested to caution their children to observe all rules and to obey instructions of the Rec Club manager and authorized employees. Please note the following pool and spa rules.

### Pool rules:

- Keep valuables with you or in lockers.
- Waterproof nappies must be worn by children not toilet trained.
- Clothing made for the purpose of swimming must be worn.
- No photography.
- No touching of lane ropes.
- No running.
- No pushing.
- No rough play.
- No diving.
- No bombing.



### Spa Rules:

- Shower before you enter the spa.
- Children under the age of 6 are not permitted in the spa.
- Children over the age of 6 must be directly supervised by an adult at all times (adult must be in the spa with the child).
- No eating while in the spa or on pool deck.
- Do not wash in the spa or pool.
- Do not put your head under water.
- Do not drink spa water.
- Do not use the spa while under the influence of drugs or alcohol (certain medications may cause adverse effects).
- Do not use the spa if you have an open wound, feel unwell or are pregnant.



We are currently reviewing our cleaning operations and will have an update for residents soon.



## MUSHROOMS

This year's weather has been perfect for one of Sanctuary Lakes Estate's expanding autumn crops, the seasonal growth of mushrooms, the fruiting body of the Fungus. Besides Mushrooms and Toadstools, the Fungi organisms includes yeasts, mildews and moulds. This organism is classified as a kingdom and is totally separate from other kingdoms such as Flora (plants) and Fauna (animals). Fungi has world wide distribution and grows in just about any habitat from deserts to deep sea sediments, areas of high salt to ionizing radiation. Equally amazing is that scientists seem to have evidence that Fungi may have been the first living organisms on our planet.

As always in Sanctuary Lakes when I need help there is an expert living here, and there is none better for Fungi than Tim Adlington Chairman of the Australian Mushroom Growers. Tim and I decided to take a stroll around the estate looking at and identifying the numerous mushrooms littering our grassy areas. As we started our walk Tim told me the basic tips to identifying mushrooms is to understand their structure. Start by upending the mushroom Cap and looking at its Gills beneath, noting their colour size and shape giving you initial clues to identifying the species.



**Upended mushroom showing its brown gills.**



**Another upended mushroom showing pink gills with white veil.**

The mushroom spores, are produced on the Gills and fall in a fine rain of powder from under the caps.

Tim also gave a brilliant description of the mushroom and its fungi. The mushroom is like an apple fruit on the branch of an apple tree except the mushroom's tree, the mycelium, is totally unseen, beneath the ground. This mass of threadlike white hyphae that make up the Fungus, can grow up to 15 metres in length. So, when you see groups of mushrooms, they are more than likely to be from the same mycelium, lying largely unseen and creating its thin but wide cooperative system beneath the ground. The mycelium does not expand as a globe but as a ring, with most of the activity near the ring's outer edge. Not surprisingly, mushrooms can sometimes appear on the ground to grow in a ring, producing the visually mystical, fairy rings.





## MUSHROOMS

Tim gave one word of warning to Sanctuary Lakes residents, "It is NEVER safe to eat a wild mushroom particularly from our Estate and Golf Course." In order to assist good management of our grounds and course, maintenance staff will often use certain ground poisons. These poisons can leak in to the fungi's mycelium and spread to its fruit, the mushroom. There are no reliable ways to tell if a fungus is poisonous or not, Cooking doesn't make a poisonous mushroom safe. In fact, you can be poisoned by breathing in the cooking fumes from some poisonous mushrooms. Various tests for edibility in folklore are also very unreliable.

Tim and I started our mushroom trail at St Andrews Square and Gallery Place. I've always found mushrooms growing around the square and today was no exception. Almost randomly scattered small groups of what Tim called Clitocyboid, a relatively common and inedible mushroom. Its genus is of a gilled mushroom that lacks partial veils and features white, yellowish, or pinkish spore prints, as well as gills that are broadly attached to the stem. They are equally saprotrophic, being environmentally rich in organic matter and relatively free from oxygen.



**St Andres Square Clitocyboid mushroom.**

Walking back to the Boulevards, we found our next group of mushrooms growing along the medium strip opposite the Security Hut. These were one of the most common mushroom genus Agaricus.



**Agaricus Campestris, the field mushroom.**

The most well-known of the Agaricus family is the Agaricus Campestris, the field mushroom. Agaricus Campestris are very closely related to the familiar supermarket button mushrooms. They have a creamy white cap which rolls slightly when fully expanded. The Gills start as a light pink. Turn dark brown eventually black when the fruit matures. Its 10cm stalk is white with a single ring.

Don't pick and eat mushrooms that grow beside roads or other places where they may have accumulated, petrol, oil and other toxic fumes. Mushrooms have a natural ability to intake and store these gases.

Our next mushroom species discovery was the Coprinus Comatus, growing on the median strip outside Signature Boulevard, also we met another Coprinus grouping on the green patch by Jardin's entrance....

To continue reading Tom's article on Mushrooms please head on over to the Nature's Rubik section of our website: <https://www.sanctuarylakesresort.com.au/index.php/publications/natures-rubik>



## JUNE GARDENING TIPS

Winter can be a hard time for plants, especially in cold areas, growth slows right down and problems can become more evident when a plant's in its cold state. There are many things you can do to help your plants cope; here are a few tips on how to care for your plants over the cooler months.

Reduce watering of potted plants, they require much less water when the weather's cooler. Take the chill off tap water by mixing in a small amount of hot water, it shouldn't feel warm – just slightly tepid to the touch. This means it won't shock the roots so much.

Move potted tropical plants and other warmth lovers into more protected spots – perhaps onto a verandah or porch.

Weeding is still needed at this time of year. Most plant growth has slowed down, so it will not have to happen as often. But it also means that it is also a time of year to try and remove as many competitors as possible before the weather starts warming up again.



Now is a great time to plant out the veggie garden, so pop in some Brussels sprouts, cabbage, cauliflower and broccoli. Peas and beans can also go in, as well as radish, turnips, Swedes and spinach.

Even though the cold weather is setting in, our gardens don't have to be bereft of colour. You can choose plenty of suitable varieties for planting now. Polyanthus, for example, are some of the prettiest winter-flowering plants. They bloom in a wide range of colours and they'll grow in light shade or full sun and, if the following summer doesn't get too hot, they'll produce an encore performance next year.

## ROSE PRUNING TIPS

Rose pruning usually take place around the shortest day of the year, thus avoiding the frost which burn new shoots.

The basic principles of pruning bush roses are as follows:

- Remove any dead or disease wood.
- Remove any spindly or weak growth.
- Remove any suckers that may be growing below the graft or bud.
- Remove any wood that may be crossing through the centre of the plant.
- Assess bush for any additional old growth to be removed.
- Shorten remaining canes by half to two-thirds.
- Cut just above the outward facing bud.
- Discard all leave and canes in the rubbish. Do not compost.







## Nature Strip Re-turfing Works

Last fortnight our Resort Maintenance team worked to re-turf the very tired looking nature strip on Greg Norman Drive heading toward the tennis courts. The area is looking fantastic now.



## Rose Pruning

'Tis the season for rose pruning, if you have any at home best get the secateurs out. You may have seen the team working their way around the boulevard the past week trimming back all the roses.

## Sea Grass

Over the past fortnight our lake maintenance team has taken 8.64 tons of sea grass to the tip face for recycling.

## Lake Testing

We had a report back from the algal lab today saying that samples from near the Canal, Peninsula and Kingfisher Island areas recorded the dinoflagellate *Prorocentrum* in notable levels (around 5000 cells per mL).



Species in the *Prorocentrum* genus are known to produce DSP toxins (DSP = diarrhetic shellfish poisoning) so the main risk would be from eating shellfish from the lake – however this risk would be very low as:

- i) the only shellfish we've observed in the lake are very small and likely inedible for that reason;
- ii) the algal abundance is still moderate; and
- iii) there is yet to be proven toxicity.

Nevertheless, residents should be advised to minimise contact with the lake water at these locations and wash their hands after any contact with the water. We would expect the bloom to die down over the next fortnight as blooms are uncommon at this time of year, although not unheard of.

As soon as we receive any updates about the lake water quality we will update via social media.

# COMMUNITY NOTICEBOARD

To advertise contact: [communications@sanctuarylakes.com.au](mailto:communications@sanctuarylakes.com.au)

\*conditions apply

## JULY SCHOOL HOLIDAY CLINICS

JULY

TUES  
2

WED  
3

THURS  
4

9:00AM - 2:00PM

6-14 YEARS OLD

12 CHILDREN MAX

JULY

TUES  
9

WED  
10

THURS  
11

COURSE TOURNAMENT ON THE AFTERNOON OF THE  
4TH & 11TH INCLUDED

# \$75 PER DAY

BOOKINGS VIA MYGOLF ONLY

PAYMENT REQUIRED TO CONFIRM YOUR PLACE

NO EXPERIENCE NEEDED & EQUIPMENT PROVIDED



PHONE : (03) 9394 9444



WEBSITE : [WWW.SANCTUARYLAKESCLUB.COM.AU](http://WWW.SANCTUARYLAKESCLUB.COM.AU)

[SANCTUARYLAKESRESORT.COM.AU](http://SANCTUARYLAKESRESORT.COM.AU)