

# SANCTUARY LAKES RESORT NEWS

August 10, 2021



## SANCTUARY LAKES RESORT SECURITY

We often get asked what is the role and what are the powers of our Security team. Primarily the role of Sanctuary Lakes Security is to provide a first response to every alarm that occurs at residents properties or community buildings. The result is reported to the monitoring control room, and to the Security Manager and may be escalated to Victoria Police, if required.

Security officers conduct patrols throughout all areas and observe and report, but are not limited to, any/all suspicious activity, property damage, illegal dumping of rubbish on vacant blocks or vandalism.

The security vehicles are equipped with first aid response. We carry a defibrillator within the vehicle and the team are all trained in first aid.

The Security team would like to encourage residents to report any unusual or suspicious activity including vehicles to the Security team on 9394 9477. It is important to understand that the Security staff do not have any extra enforcement powers than anyone of the public and residents are encouraged to report any law-breaking offence directly to Victoria Police by calling 000.

On the 24th of July it was International Security Officers Day.

Every day, Security Officers place themselves in harms way to protect the community from danger. Yet, few are recognise or acknowledge the contribution they make.

A global security industry initiative, International Security Officers' Day is now celebrated in a growing list of countries including Australia, Bangladesh, Canada, China, New Zealand, Hong Kong, Macau, India, New Zealand, Singapore, Thailand and the United Kingdom.

We would like to take the time to acknowledge and thank all staff of our Sanctuary Lakes Resort Security team for there ongoing assistance within our community.

# ANNOUNCEMENTS



## WI-FI IS NOW AVAILABLE IN THE REC CLUB

We are excited to announce that we have recently installed WI-FI in the Recreation Club (Look for: SLR Recreation Club).

This will allow you to access online entertainment whilst working out, enhancing your overall experience.

Details for accessing the WI-FI will be displayed throughout the Recreation Club.



## GATED COMMUNITIES AND DELIVERIES

We would like to remind all residents who live within a gated community, that should you be expecting a delivery, you must be home to receive the phone call from the panel as Security will not grant access to any gated estate.

This includes parcel deliveries from courier companies as well as food deliveries from Uber Eats, Menulog and the like.

Please note Security will only grant access for emergency services, being Police, Fire Brigade or Ambulance.

## MEET THE RECREATION CLUB STAFF

### Neeten Chouhan (Personal Trainer)

Fitness and a healthy lifestyle has always been a part of my life and now I am blessed to be able to impart my knowledge and skills to the broader community. Having trained many clients from all walks of life, with a variety of goals, I have established the skill to individualise every program to meet ones needs. I use experience and science-based methods to deliver a highly engaging program that aims at providing the right set of tools to bring about more consistency and make fitness a way of life.

#### Qualifications

Bachelors in Sport and Exercise

#### Specialisation

Strength and conditioning

Rehabilitation

Injury prevention

*'Whether you think you can, or you think you can't, you're right.'*





## BIKE SAFETY

Cycling is an increasingly popular form of transport and recreation, especially around our estate, and we all need to be aware of one another when on the road and footpaths. People who ride bikes are more vulnerable to crashes which commonly occur at intersections, when leaving a path or driveway, or when a car door is opened into a rider's path.

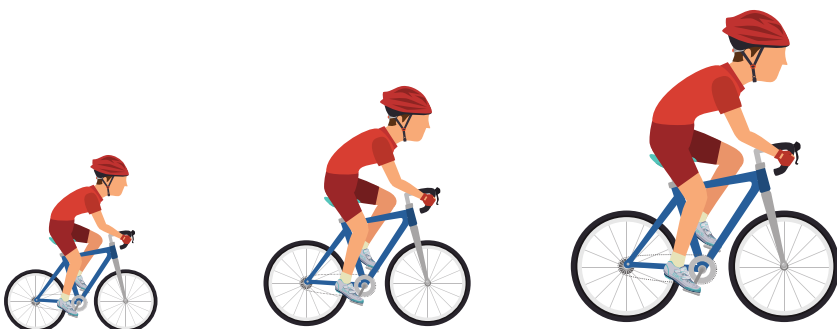
Bicycles are vehicles, and under the law bike riders have the same rights and responsibilities as car drivers. To stay safe bike riders need to obey the road rules, ride predictably, share the road respectfully and safely with other road users. Additionally, drivers should slow when passing cyclists and give at least one metre in speed zones up to 60km/h, and at least one and a half metres in zones over 60km/h.

### Tips for Drivers:

- Leave 1m between your left side mirror and the cyclist in a less than 60km/h speed zone.
- Leave 1.5m between your left side mirror and the cyclist in a more than 60km/h speed zone.
- Be patient and wait for a suitable gap between the cyclist before overtaking.
- Follow road rules, slow down and wait for a suitable time to pass.
- Be respectful and share the roads.

### Tips for Riders:

- Plan your route in advance and choose the safest option.
- Always wear a helmet.
- Be visible; wear bright or light clothes and ensure your front and back lights are on day and night.
- Leave 1.5m between the other cyclist when riding two-abreast.
- Follow road rules and keep 1m from the side of the road.
- You can only ride on a footpath if you are under 12 years of age, riding with someone under 12, or have a disability. If you are riding on a footpath please ensure you are mindful of pedestrians and ensure you pass at a slow speed.
- Cyclists must use a bike lane where one is provided.
- Be respectful and share the roads and footpaths.





## SPEEDING IN SANCTUARY LAKES RESORT

In winter everyone needs to be extra cautious on the slippery road. This means you should pay special attention to your speed within Sanctuary Lakes Resort.

Getting home should not be your number one priority, your life and all other lives in the car should be.

The speed limit throughout Sanctuary Lakes Resort is 50 kilometres per hour (km/h), unless signed otherwise. This covers all parts of Sanctuary Lakes Boulevard, including the dual section.

If residents witness people speeding excessively or driving dangerously (hoon driving), please call the Police immediately on Triple Zero (000).

Victoria Police also encourage anybody with knowledge of hoon drivers, hoon driving activity, or descriptions of cars (such as registration number, colour, make, or model) involved in hoon driving to contact Crime Stoppers by calling 1800 333 000.

Reports can also be made online through the Crime Stoppers website, and people reporting do not need to reveal their identity.

To report speeding to the Crime Stoppers please visit:  
<https://www.crimestoppersvic.com.au/report-a-crime>



# WYNDHAM WALKABOUT



Leonie  
& Rita

## THE TOWER AND THE POINT - TWO LOOKOUTS WALK



Our suburb Point Cook is formed south of the Skeleton Creek estuary. This gifts to us another unique backyard setting to explore. This walk includes two significant lookout points. One of historical significance, the other of environmental and conservation importance. Firstly, the site where Point Cook was named and secondly a site with an exceptional view of the wetlands.

Directions: Follow Point Cook Road to the south. Turn left along Homestead Road and go to the end. Take the right turn. At the end turn left into to the car park and park at the end.

There is a direct loop that takes you to the Tower. Disregard this, as our goal is to include the original Point Cook in our walk.

### 1. Enter by the Gate 1 Walk about 100 meters.

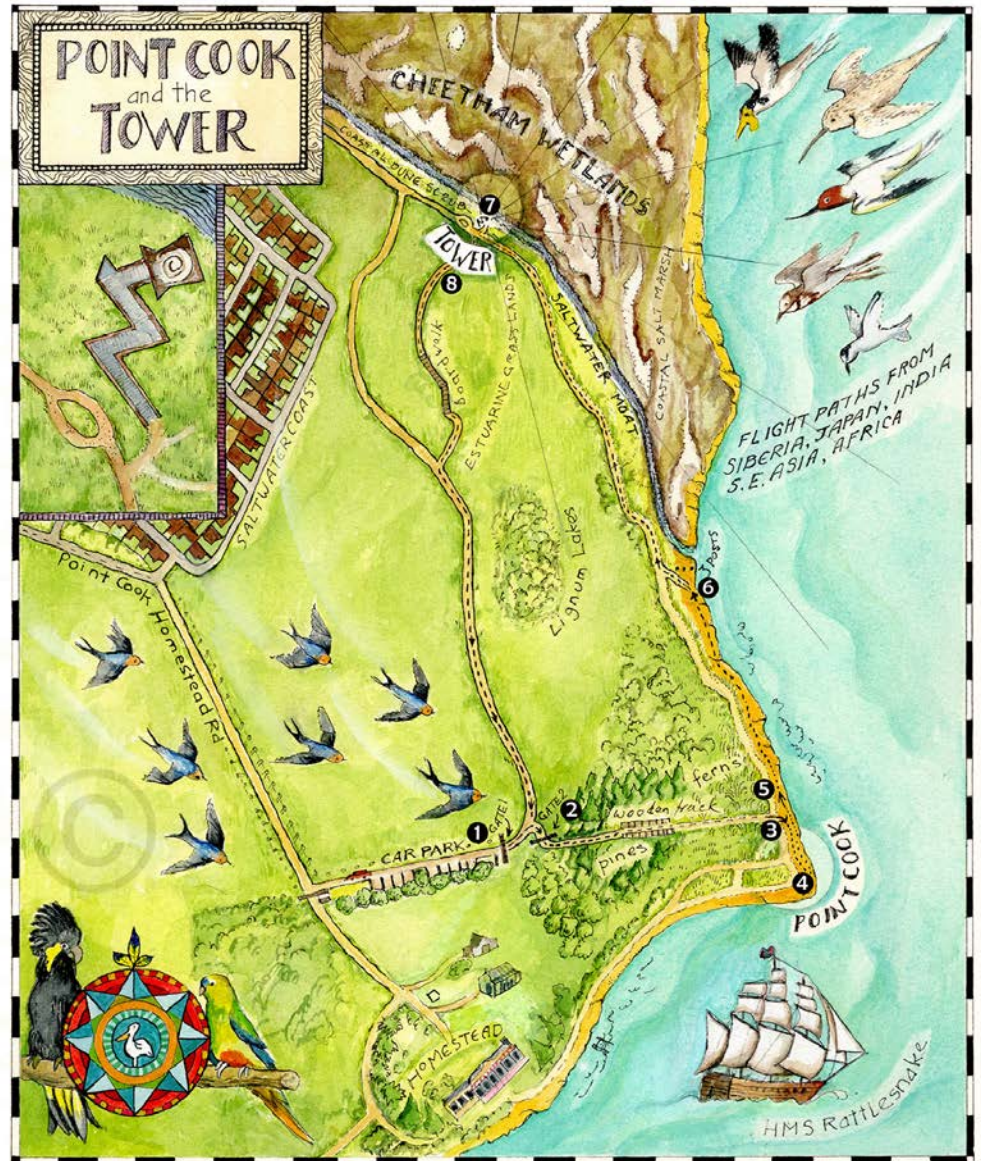
You will see a sandy track veering to the left through an expanse of grassland. But we make a right turn on a grass track for a short distance. You will see to your right a gate (The sandy track is the loop walk; a direct walk takes you to the Tower. But we will disregard this as our goal is to include the original Point Cook in our walk).

### 2. Go through Gate 2 and immediately turn left.

Follow this loose sand track through an area of old pines. Keep straight ahead. Follow this track. You will come to a laid wooden track. Keep to this path, passing through an area of ferns. The ground rises and gives you an extensive view of Melbourne and the whole bay. Finally, you see the beach ahead.

### 3. Arrive at the beach.

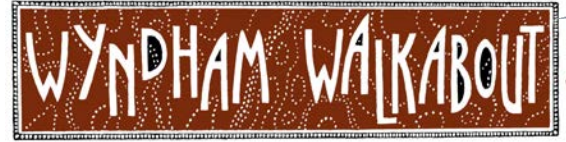
Here we make a short detour to the right as we make our way to the original 'Point Cooke'.



# WYNDHAM WALKABOUT



## THE TOWER AND THE POINT - TWO LOOKOUTS WALK



### 4. The Original Point Cooke

It's an impressive spot, with wonderful views. Stay for a while to reflect back to another time. It is 1836, when a corvette of the Royal Navy comes into view. This is the HMS Rattlesnake, under Captain William Hobson charting Port Phillip Bay. John M. Cooke, a ship's mate on board, spotted the promontory ahead, and made his way into history. Officially named Point Cooke, the last letter 'e' is not now used. Of course, the captain named Hobsons Bay for himself). Now we need to find our way to another impressive lookout, the Tower

### 5. Turn back along the beach, the way you came

Go past the point where you entered the beach and keep going northwards until you see three posts in the beach path.

### 6. Three posts

Just before these posts, there is a track on the left that heads away from the beach. Follow this track. There will be a fence on your right. The track will turn right, follow this and you should see the tower up ahead. Follow the track to the tower.

### 7. The Tower

The tower itself is an odd structure. It defies an easy description, more a retro early Doctor Who design. So, like the Time Lord, enter and proceed along a zig zag metallic ramp, which ends at a landing. Here you find the entry to a spiral staircase that leads you to a dramatic viewing platform. The cherry on the cake is a vertical rotor kinetic element right at the top.

None the less, this crazy structure is fit for purpose. From this vantage point, it is one of the best views of the Cheetham wetlands. You can see in all directions with a great view of the city as well. The tower was the result as an arts project, and is designed as a monument for 'Migration and Aspirations'- Birds are a metaphor for human migration, as these areas are used by local and migratory birds. What you are looking over was once a natural saltmarsh. It was later developed as the Cheetham Saltworks, who created the lagoon system. An area that included Sanctuary Lakes. These waterways are now a haven for migratory birds and diverse saltmarsh flora and fauna, and it is highly protected by the council and international agreements.

Just ahead of you will see the line of the Saltwater moat, winding its way as a barrier.

### 8. Take the loop track back to the carpark

On leaving, take the track straight ahead which loops back through the grasslands, over a boardwalk and back to the carpark.

**NOTES:** Every year, thousands of migratory birds arrive from the northern hemisphere winter to this wetland habitat. You could observe, Red-necked Stints, Curlew Sandpipers, Sharp-tailed Sandpipers, Marsh Sandpipers and Pacific Golden Plovers, Greenshanks. Numbers reach a peak between September and March.

**Rita Parkinson and Leonie Harder.**



## THE AUSTRALIAN RED CROSS BLOOD DONATIONS

One of our residents has just had his 100th plasma donation for the Red Cross. Can you imagine how many lives he has helped save? What an amazing achievement well done Axel!

Did you know that every 24 seconds a blood donation is needed?

The Australian Red Cross Blood Service needs you! Your donation can save three lives. One in three of all the people you know – family, friends and workmates – will need a blood donation. Yours could be the one that saves their life.

You can also donate plasma to Australians who need it the most. Plasma is part of your blood and it can be used in 18 different ways! Plasma can protect people with brain and nerve diseases and help treat serious burns and even cancer.

Before your donation you need to make sure you:

1. Are feeling well.
2. Haven't been overseas in 28 days.

You can give blood as often as every 12 weeks and plasma every two weeks! Why not start today? The sooner you start, the more people you'll help!

You can make an appointment online or by calling 13 14 95.

Click here to read how blood donations saved Emily's life TWICE:

<https://www.donateblood.com.au/blog/lifeblog/emily%E2%80%99s-story-how-donated-blood-saved-her-life-twice>



# How To Download Your New Sanctuary Lakes Resort App



Kindred by Keyvision

Available on:



## How to Register:

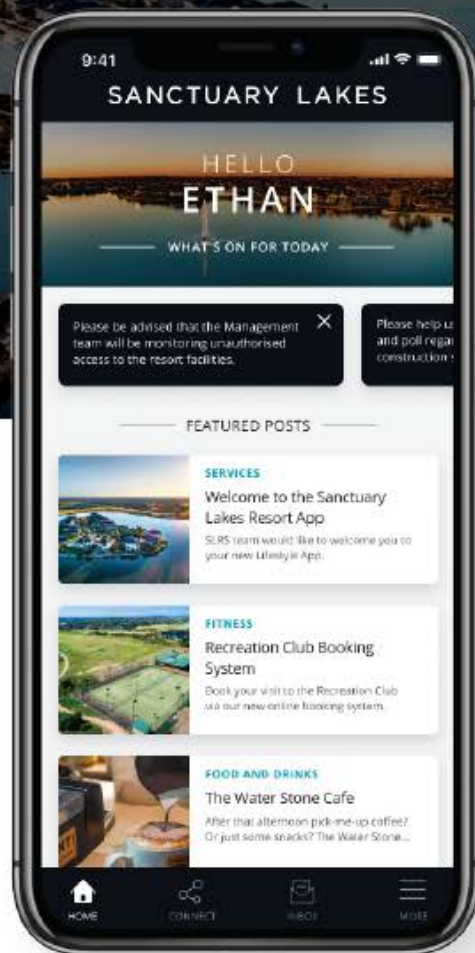
1. Download **Kindred by Keyvision** or scan the QR code on the bottom right of the page.
2. Under Projects, select **Sanctuary Lakes**
3. Under Stage, select the stage you belong to (e.g. Signature - Gated - STAGE 28) and then in the Address field, select your address from the list.
4. Select your account type  
(Owner Landlord / Owner Occupier / Property Manager / Tenant)
5. Complete the rest of the registration and submit.
6. Once submitted, you will receive a verification email. (check your spam / junk)
7. After verification, your account will be reviewed by management for approval.
8. Once approved, you will receive an approval email. You can now access the full app.

## Features Include

- Newsfeeds & Alerts
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- Event Calendars & Local Area
- And so much more...

**If you are a  
tenant...**

Please provide a copy of  
your lease agreement  
to concierge for  
account approval



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