

SANCTUARY LAKES RESORT NEWS

August 25, 2020



WHAT HAPPENS WHEN AN ALARM IS ACTIVATED?

Security monitoring is outsourced to Securitas Monitoring Service (previously known as StaySafe Security). Legal requirements make this the most cost effective solution for an estate with almost 3000 homes. Note: Security monitoring has been outsourced since its inception in the late 90's.

If an alarm or smoke alarm goes off and is then cancelled, within a 'short' period of time, with an approved pin or fob, it will be noted by Securitas but no call to the residence is made and no Resort Services Officer (RSO) will be sent to the house.

If an alarm/smoke alarm goes off and is not cancelled, Securitas will contact the residents and their emergency contacts as per the Home Security Authority Form (HSA) as well as send an RSO to the house.

Please note: Residents can only be contacted if we have up to date contact details. We get these when you provide an HSA form to Security. However, an RSO will of course still be sent to the house.

It is also important to let us know whenever there is a change to your or any of your emergency contacts details. If you are not sure if we have your correct details, or you want to make some changes, simply fill out an HSA which can be found [here](#) on our website, and return to securityadmin@sanctuarylakes.com.au.

Another thing to remember, if your alarm has not been commissioned, or is currently not monitored (because no landline is connected to your alarm panel, or you have switched to NBN and not installed a Permaconn Unit), your alarm might still go off, but the Control Room will not get notified, you will not be contacted and no RSO will be sent to your house. Naturally the same applies if your Alarm has been deactivated/powered down.

If you would like your alarm to be checked, please contact SLR Security on 9394 9471 to arrange for an RSO to visit the house and assist you further.

If your alarm needs to be commissioned, or you would like to install a Permaconn Unit to make your alarm system compatible with NBN, Please fill out and return the HSA Form.



ATTENTION - GATED COMMUNITY RESIDENTS

We would like to remind all residents who live within a gated community, that should you be expecting a delivery, you must be home to receive the phone call from the panel as Security will not grant access to any gated estate.

This includes parcel deliveries from courier companies as well as food deliveries from Uber Eats, Menulog and the like.

Ideally, if you are expecting a delivery of any sort, you should be home and you should ensure your contact details are up to date in the panel. It is your responsibility to advise the delivery driver how to scroll through the panel to find your address and dial your home and to then open the gate for the delivery when called.

Please note Security will only grant access for emergency services, being Police, Fire Brigade or Ambulance.

A MESSAGE FROM THE GOLF CLUB

As you are aware the Golf Club has been forced to close again.

Residents may again access the course for their daily exercise, the course access has been extended to include all daylight hours whilst the course is closed.

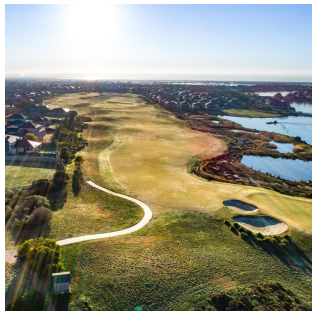
This additional access will remain in place until 13 September which is the date advised by the State Government. If this date is amended, we will advise you accordingly.

Please be aware of the following restrictions on the course during this time:

- Access is limited to walkers and runners only;
- No bicycles, golf carts, ball games, racing of remote controlled cars etc. on the fairways;
- Access is restricted to paths & fairways;
- No access to sand bunkers, greens or tee areas.

It has been reported that residents have not been adhering to the above restrictions and in particular, are accessing bunkers and walking over greens.

Unless these behaviours change with immediate affect, we will have no choice but to withdraw the extended access and that would be a shame for those that are doing the right thing.





ROAD SAFETY

Road safety is everyone's responsibility and we remind all residents that the speed limit throughout the Resort is 50km/h unless signed otherwise. This covers all parts of Sanctuary Lakes Boulevard, including the dual section.

We are in frequent communication with Wyndham City Council with regards to the road safety at the roundabout at the intersection of Greg Norman Drive and Sanctuary Lakes North Boulevard.

With regard to speeding issues in the Resort this is not an issue we have had much luck with and can only say that there is strength in numbers, the more complaints Wyndham City Council receive about road safety the more likely they are to do something about it.

If residents witness people speeding excessively or driving dangerously (hoon driving), Wyndham City Council advises calling the Police on Triple Zero (000).

Victoria Police also encourage anybody with knowledge of hoon drivers, hoon driving activity, or descriptions of cars (such as registration number, colour, make, or model) involved in hoon driving to contact the Crime Stoppers Hoon Hotline by calling 1800 333 000.

Reports can also be made online through the Crime Stoppers website, and people reporting do not need to reveal their identity.

To view the Crime Stoppers website click [here](#).





COVID-19 MENTAL HEALTH CONCERNS

With all that's happening in the world with Coronavirus (COVID-19), there is a lot of uncertainty. If you're feeling overwhelmed or stressed by what you're hearing and seeing, don't worry, it's OK to feel this way.

This is an extremely difficult time for everyone. It is important to take necessary measures to protect your physical health however mental health awareness is equally important. If you require mental health support, you may wish to contact one of the following services. Assistance from these helpful services is free and most of these services can be reached 24/7.

Beyond Blue

(PH): [1300 22 4636](tel:1300224636) (24/7 hotline)

(Online Chat): <https://online.beyondblue.org.au/>

Lifeline

(PH): [13 11 14](tel:131114) (24/7 hotline)

(Online Chat): <https://www.lifeline.org.au/crisis-chat/>

Mind Spot

(PH): [1800 61 44 34](tel:1800614434) (AEST 8:00AM – 8:00PM)

(Online Service): <https://mindspot.org.au/before-assessment>

Mental Health Tools/Practices

We take this opportunity to remind you of the following mental health tools and practices to assist you during this difficult time.

Support assistance: Whilst these stressful times can leave you feeling overwhelmed and stressed, we encourage you to contact your support network (friends, family, professional services) to chat and express your feelings.

Try to stay calm: Ensure that you are kept informed of Government updates however try your best to keep calm and practice good hygiene and safety habits – these practices can be found on the DHHS website.

Maintain a balance: Keep informed however try to limit your viewing of various news programs and media intake if such channels are causing you distress.

Lastly, a reminder that face coverings must be worn when you leave your home.

NATURE'S RUBIK



NATURE'S
RUBIK

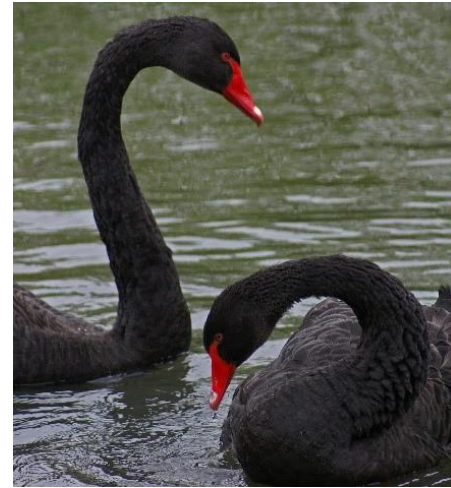
by Tom Parkinson

THE BLACK SWAN



Of all Australian Native Birds, the Black Swan is probably one of the most iconic and easily recognisable. As the name suggests the body of an adult Black Swan is mostly black, except for its broad white wing tips, which are visible in flight. Its eyes and bill are bright red, with the bill having a pale white tip and bar. Its webbed feet and shortish legs are greyish-black. The neck is long (the longest neck amongst swans, relative to its size) and it is curved into an "S"-shape. The males are slightly bigger than the females, and have a longer and straighter beak.

Sanctuary Lakes is always hosting flocks of Black Swans throughout the year, sometimes building to over two hundred birds in our summer months. Now as winter fades the swans start pairing up with courtship behaviour, nest building and by the end of August and early September, egg laying and cygnet hatchings. Already at the north western end of our Lake, a pair with five healthy cygnets have arrived which is an early hatching for the southern Black Swan.



Black Swans *Cygnus Atratus*

The Black Swan is also an important symbol in modern culture, as the initiator of the scientific philosophical occurrence entitled the Black Swan Event. Our bird plays a starring role in all this owing to a belief in Europe, dating back 2000 years to Roman poet Juvenal, that all Swans were white. Like red herrings and white elephants, the Black Swan became a symbol of what was impossible. In medieval Europe, unicorns had more credibility. But when Dutch navigator Willem de Vlamingh found Black Swans in Western Australia in 1697, he turned medieval science upside down by showing how risky it is to declare that something is impossible. The philosopher John Stuart Mill, writing in *A System of Logic* in 1843, used the statement "all swans are white" to show how large numbers of consistent observations can encourage a wrong deduction. The mid-twentieth century philosopher Karl Popper used the "black swan fallacy" to show that high-profile, hard-to-predict, and rare events are beyond the realm of normal expectations in history, science, finance, and technology.



Adel Merola's wonderful Mum and Cygnet photograph

But for over a decade Melbourne University, under Professor Raoul Mulder, has reversed the position, with science now studying the Black Swan's behaviour, breeding, biology and movements.

From their base in Albert Park, Professor Mulder's team has fitted out young Black Swans with a special wildlife tag, a uniquely-numbered neck collar, as seen in the picture on the next page. This allows them to identify individual birds from a distance and track their histories, movements and fate.

NATURE'S RUBIK



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by Tom Parkinson



THE BLACK SWAN

The first major confirmation of their study was that Black Swans are not migratory but strongly nomadic, moving erratically and varying distances in response to water availability, and this posed an obvious challenge for their study.

The problem was how to go about tracking the Swans when there was no way of predicting where they might go?



A science citizen. A female swan wearing a tagged collar

Fitting every bird with a satellite tag would be prohibitively expensive. Luckily, there are 20 million pairs of human eyes scanning the Australian environment every day. Members of the public are encouraged to join the ranks of citizen scientists and submit their sightings of collared Black Swans to the research team's website www.swan.org.com. All that is required is some simple details about the "where", "when" and "who". In return the citizen scientist receives instant feedback on "their" Black Swan, such as when it was first tagged, who it is paired with, and where it has been recently. They can then follow the swan's movements thereafter.

Amazingly Melbourne University's research has in turn, produced some Black Swan Events. For example, it was always thought that in the main Black Swans were socially monogamous and romantically, that they paired for life. When Professor Mulder's team studied the breeding ecology of Black Swans, they discovered unexpectedly high levels of extra-pair paternity. The team estimated that up to a third of Black Swans are homosexual and that nearly a quarter of all Black Swan pairings are same-sex couples. These couples are almost always two males getting together. These males sometimes steal a nest from a heterosexual couple and raise the young as their own or one male copulates with a female and once, she has laid her eggs they chase her away and raise the chicks themselves. Scientists believe there is a biological advantage in this behaviour as it appears that there is a higher survival rate amongst cygnets raised by male-male couples than by male-female pairs. This may be due to the fact that there is an additional male to protect them and that having chosen to be parents they are more caring than heterosexual pairs.



Male Black Swans initiating a triumph ceremony

In a study relating to other forms of communication, the team examined the function of triumph ceremonies. These occur when a male attacks a rival suitor, then returns to his potential mate to perform an elaborate ceremony while posturing and calling. Paired black swans regularly perform triumph ceremonies, most of which are initiated by the male. The team found that the presence of dependent cygnets did not affect the frequency of ceremonies; however, feeding experiments showed ceremonies increased when many swans.... To continue reading this article please click [here](#).



High Pressure Washing

Our Resort Maintenance team are working their way along the walkway that leads from Regatta Beach along the rear of the homes on East Boulevard completing high pressure washing of the path.

This is a very time consuming job and as such the team are not yet halfway.

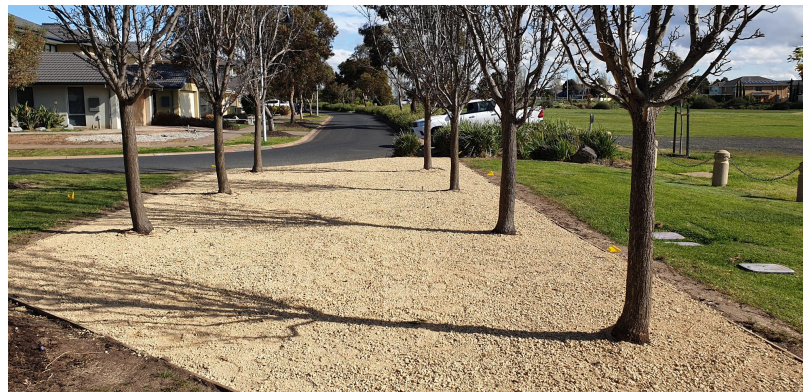
They will continue to work their way along the path as resources and time permit.



Adventure Playground Works

Further to the work mentioned in last fortnights newsletter, the team have now completed works in the park in the Riverwalk area.

New Tuscan toppings have been spread and grass seed has been sown on the bare turf areas.



Sea Grass

Over the past week 23.92 tonnes of sea grass was taken to the tip for recycling.

The sea grass is dropped in a special area at the tip which is allocated to Veolia. It is then transported to their recycling plant at Bulla for processing.



COMMUNITY NOTICEBOARD

To advertise contact: communications@sanctuarylakes.com.au

*conditions apply



Reduce your risk of coronavirus (COVID-19)

- ▶ **Wash your hands** often with soap and running water for at least 20 seconds. Dry with a paper towel or hand dryer.
- ▶ **Use an alcohol-based hand sanitiser** with over 60 per cent alcohol.
- ▶ **Cover your cough or sneeze** with a tissue or use your upper sleeve or elbow.
- ▶ **Stay at home** when you can. Check our website for reasons to leave home.
- ▶ **Wear a face covering** if you have to leave home.
- ▶ **Don't touch** your eyes, nose or mouth – or your face covering if you're wearing one.
- ▶ **Get help** if you feel unwell, call your GP or the coronavirus hotline for advice. If you're sick, stay home.
- ▶ **Get tested** if you have symptoms and go straight home afterwards.
- ▶ **Go to your medical check-ups** and see if medicines can be delivered to your home.
- ▶ **Continue healthy habits** exercise, eat a balanced diet, get plenty of sleep and stay connected. quit smoking (Quitline 137 848).
- ▶ **Remember your mental health** and do things you enjoy. Check our website for mental health resources and support.



Find out more

www.dhhs.vic.gov.au/coronavirus

For more information, call the

Coronavirus hotline 1800 675 398 (24 hours)

Choose option 0 for translating and interpreting services

Call Triple Zero (000) for emergencies only

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email COVID-19@dhhs.vic.gov.au

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