

SANCTUARY LAKES RESORT NEWS

March 23, 2021



SPEED HUMP AHEAD

We're very excited to announce that Wyndham City Council have agreed to install a speed hump, as well as some changes to the road markings to make the roundabout at Greg Norman Drive and Sandlewood Lane safer for everyone, especially pedestrians. As per Wyndham City Council plan above.

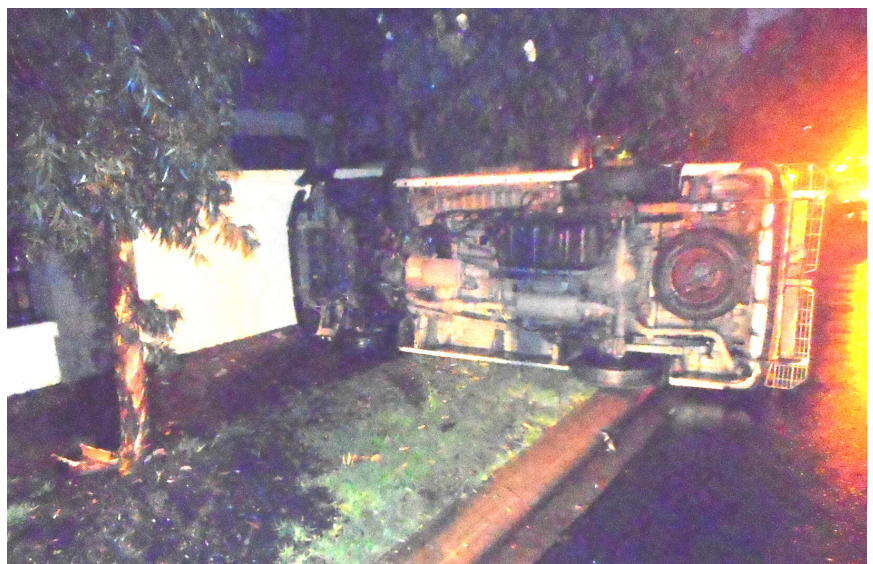
This has been a long time in the making and we have worked closely with the OC Committee of Sandlewood Close and Wyndham City for well over 18 months to get this across the line.

This is a great win for the community, as well as for Sandlewood Close especially, as there have been multiple accidents at this roundabout over the years which have become more frequent in the last 3 years.

We have been advised that a work order has already been placed, and we expect construction to commence very soon. Please be mindful of the upcoming roadworks and changed traffic conditions in this location going forward.

Road safety is everyone's responsibility and we take this opportunity to remind all residents that the speed limit throughout the Resort is 50km/h unless signed otherwise. This covers all parts of Sanctuary Lakes Boulevard, including the dual section.

If you have any additional queries with regards to these roadworks please feel free to contact us. Drive Safe.



ANNOUNCEMENTS



NEW SECURITY MANAGER

We would like to introduce Dean McGrath as the new Security Manager of Sanctuary Lakes Resort.

Dean brings with him over 20 years' experience in management of Security and will be taking over from John Pollard.



SECURITY CORNER: THANK YOU FROM VICTORIA POLICE

A few weeks ago a member of Victoria Police wrote a note of thanks and appreciation to our Resort Security Officer Nic.

The officer had been called to a house break in at Sanctuary Lakes. The information that Nic provided including dash cam footage was crucial in linking the offender's vehicle to a series of other incidents around Melbourne.

RESORT NEWS



WHAT IS SANCTUARY LAKES SECURITY ROLE?

Primarily the role of Sanctuary Lakes Security is to provide a first response to every alarm that occurs at residents' properties or community buildings. The result is reported to the monitoring control room, and to the Security Manager and may be escalated to Victoria Police, if required.

Security officers conduct patrols throughout all areas and observe and report, but are not limited to, any/all suspicious activity, property damage, illegal dumping of rubbish on vacant blocks or vandalism.

The security vehicles are equipped with first aid response.

We carry a defibrillator within the vehicle and the team are all trained in first aid.

The Security team would like to encourage residents to report any unusual or suspicious activity including vehicles to the Security team on 9394 09477.

A reminder that the speed limit is 50km within the resort except in gated areas, speeding is a problem and Victoria Police conduct random patrols within the resort.

It is important to understand that the Security staff do NOT have any extra enforcement powers than anyone of the public and residents are encouraged to report any law-breaking offence directly to Victoria Police by calling 000.



TIPS TO PREVENT YOUR CAR BEING BROKEN INTO

Do not forget to lock up

It is common sense, yet we hear about it all the time of forgetting to do the most basic practice of locking up before walking away.

Tidy up

A thief could see that useless, empty shopping bag in your car and think there is something valuable inside. By keeping your car free of trash or miscellaneous items, a thief has less of a reason to snoop inside.

Hide evidence of valuables

If you have an expensive smartphone, odds are you have a charger in your car. Make sure that and all other accessories are out of sight. Never leave a valuable computer or tablet inside either. You should also not keep a garage and/or gate fob/s in the vehicle.

Close all windows completely

Not only could someone reach through the gap to open the lock with a door hanger, but the pressure sensor could be disabled in a car alarm. This leaves a car vulnerable and gives the bad guy more time to steal your stuff, or the whole car.



Alarmed and dangerous

Factory-option alarm systems are generally best, but a carefully installed, properly calibrated aftermarket system can provide just as much safety.

Park where people can see your car

A car thief is less likely to try to take your vehicle if your car is clearly visible in every direction. Simply because the chance of being seen committing the crime are greater than if your car is covered by a bigger car, fence, or foliage, etc. Also, park in a well-lit area.

Don't make it easy for them

Steering wheel locks, steering column collars, or brake pedal locks may discourage the would-be thief from breaking in and trying.

Super combo

Not one of these tips are 100% guaranteed to prevent a break-in or theft but using a combination of any or all of them could greatly decrease your risk.

NATURE'S RUBIK



NATURE'S
RUBIK

by Tom Parkinson

OUR THRUSHES



Regularly, in our gardens we see small to medium sized Birds whose shape and looks are very similar yet when we inspect closely, we can see some are speckled all over, others spotted underneath, some a simple light brown, others darkly coloured. Clearly different, yet all having a basically similar look.

They are of course Thrushes. Thrushes are distributed throughout the world and they are all members of the passerine bird family, Turdidae. We have four different species of Thrush living here with us in Sanctuary Lakes. Thrushes mainly eat insects, plant nectar, berries, fruits and a few enjoy earthworms, snails or even spiders. They pay nature for their keep by the regurgitation of plants seeds. Contributing to the dispersal of numerous plant species that assists in the recovery of our ecosystems.

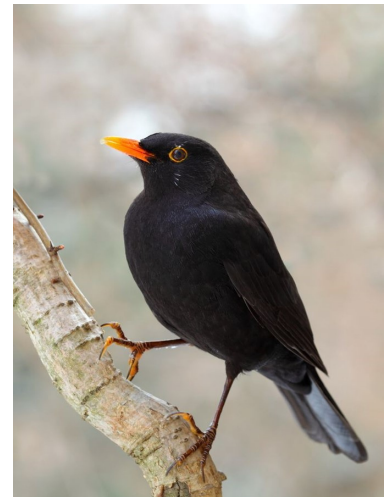
Of the four Thrushes resident in Sanctuary Lakes, one is a native Australian and the other three UK immigrants from the 1850s. The first one is an early immigrant who is the most often seen in Sanctuary Lakes and just to mystify us, it doesn't bear the name Thrush but the confusing title of "the Common Blackbird"

Despite its name, Common Blackbird is a true Thrush and is much smaller in size to other birds with the Blackbird name such as Crows, Ravens, Jackdaws. Only the adult male is Black with a distinctive yellow eye ring and bill. The female and juveniles have a mellow dark brown plumage with some streaks and mottling mainly on the underside with a dark bill and legs.

Blackbirds tend to be a shy species, spending much of their time close to cover either foraging in leaf litter, mulch or grass or within shrubbery. Movement across the ground is by jerky hops often followed by wing and tail flicks. They tend to fly fast but undulating and low to the ground.

The nest is made of grass and mud, and lined with soft vegetation. The female builds the nest in about three days, often within the dense foliage of small trees and hedges. Incubation takes 12–14 days before the 3-5 chicks are hatched naked and blind. Fledging for another 10–19 days, with both parents feeding the young. Blackbirds are very territorial in the summer breeding season, but more gregarious in winter with small groups seen feeding together.

The Common Blackbird is well known for its Vocal abilities which give forth to varied and melodious, low-pitched fluted warbles. Throughout the ages their songs have been part of Popular Culture ranging from the middle ages nursery rhyme about four and twenty Blackbirds in "Sing a Song of Sixpence" to the sound of a Common Blackbird heard singing on the aptly named Beatles classic "Blackbird"



**Male Common 'Eurasian'
Blackbird *Turdus merula***



**Female Common 'Eurasian'
Blackbird *Turdus merula***

NATURE'S RUBIK



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OUR THRUSHES



The Song Thrush was released in Melbourne in 1863. Besides Sanctuary Lakes, the Song Thrush can be seen mainly in Melbourne's West and North West suburbs. Strangely, it is rare to be found anywhere else in Australia outside that small Melbourne district.

The Song Thrush is a small Thrush (20-22cms). Males and females look alike and have brown upperparts and black-spotted cream or buff underparts. Their bills are yellowish with their legs and feet being pink.



Song Thrush *Turdus philomelos*

Song Thrushes do not form flocks, although as seen in Sanctuary Lakes, several birds may be loosely associated together.

The Song Thrush nests in bushes or hedges, laying four or five eggs (bright glossy blue with black spots) in a neat cup-shaped nest lined with clay. The female Song Thrush incubates the eggs for about 14 days. The young fledge in about the same time. Song Thrushes may raise 2 or 3 broods in a year.

The male Song Thrush enjoys singing its loud song from high perches. Their song characteristically repeats melodic phrases. Its habit of repeating song phrases distinguishes it from singing Blackbirds. This distinctive song style has through the ages frequently been referred to in poetry.

*That's the wise thrush; he sings each song twice over,
Lest you should think he never could recapture
The first fine careless rapture!*

- Robert Browning

Formerly known as the 'Harmonious Thrush', The Grey Shrike-thrush is considered to be one of the best songsters in Australia with numerous different short, four to eight notes, harmonic, melodious songs. Both Male and Female have relatively similar colouring with an olive-grey back, and pale grey-white cheeks and underparts. The male has a dark strong pointed Bill while the female's bill is equally pointed but a pale grey.



**Grey Shrike-thrush
*Colluricincla harmonica***

The Grey Shrike-thrush normally forage in pairs for food on the ground. Generally around fallen logs, or on the lower limbs and trunks of trees. Besides the usual Thrush diet the Grey Shrike eats frogs and lizards and is a notorious predator of other bird's nests eating their eggs.

Shrike-thrush seem not to mind friendly humans and will nest in nearby garden trees and hedges, even in carports, sheds and verandas. The nest is a small cup-shaped structure of dried vegetation, and may be constructed in the same site year after year. Both birds share the nest-building and incubation duties, and both care for the young birds. The pair may re-nest after the first young fledge, and then repeat – sometimes three times if conditions are ideal. To continue reading this article, please click [here](#).



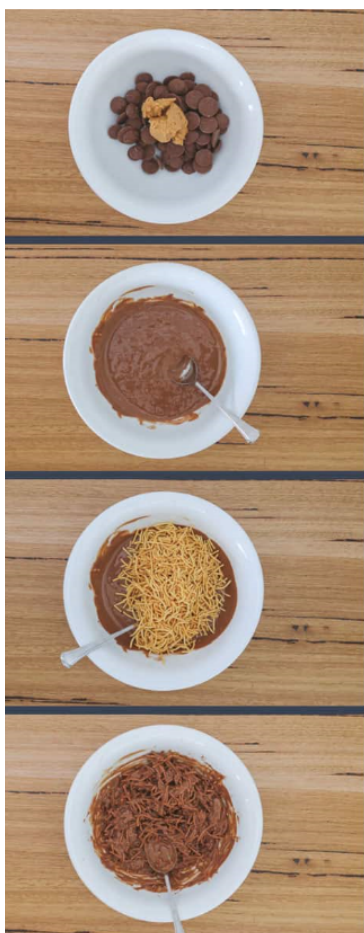
CHOCOLATE EASTER NESTS



If you're looking for a delicious Easter treat, these chocolate Easter birds nests might be what you're looking for. 15 minute prep time, 4 ingredients, yum to eat and fun to make. Little helpers will love helping make these too.

Ingredients:

- 225 g milk chocolate
- 2 tbs (40g) peanut butter
- 100 g Changs fried noodles
- 125 g mini Easter eggs



1

2

3

4

Instructions:

1. Place the chocolate and peanut butter into a microwave safe bowl.
2. Melt on 50% power for 2-3 minutes (stirring every 30 seconds) or until just melted.
3. Stir through the fried noodles.
4. Place spoonful's of the mixture onto a baking paper lined tray and arrange into birds nest shapes (with a little hole in the middle).
5. Place into the fridge for 30 minutes or until set.
6. Add mini Easter eggs to decorate and serve.
7. Store in an airtight container in the fridge for up to 1 week.

We found this great recipe on the Bake Play Smile website for more delicious recipes feel free to check out the link below:

<https://bakeplaysmile.com/recipes/easter/>



Lake Water Quality Update

A reminder to all residents that there is currently an algal bloom alert out on the lake.

In the event of a bloom alert for algae, the management required is as follows:

- Wash hands and other parts of the body that have come in direct contact with the affected water to avoid possible skin irritations;
- Wash and dry clothing and equipment with clean water after any contact with algal blooms and scum;
- Avoid direct contact with the affected water, such as areas with visible scums or the water shows a strong greenish discolouration.

Some other points to note are:

- Algal blooms tend to be localised within a waterbody, and only occur for a limited time, the same observation also applies to toxic species of dinoflagellates;
- Any fish caught in the waterbody at that time should have gills and guts removed before cooking and eating;
- Pet owners should prevent pets from drinking, or swimming in, contaminated water;
- If you experience any health effects, whatever the nature of your exposure, seek medical advice promptly and inform our office.

Easter Colouring Competition

Unfortunately given the current climate we're in at the moment the decision was made by the Board to not host the Easter Event this year. As well as the many restrictions we would have needed to meet we were unable to book some of our big ticket attendees/stall holders.

However, we are running a colouring competition where EVERY entry wins an Easter Egg prize! As well as the entry prizes a major prize will be available for each of the three age groups being:

Group 1: Ages 3 - 5

Group 2: Ages 6 - 8

Group 3: Ages 9 - 12

Below is the colouring page, to collect your prize please drop the completed colouring page to our office during business hours from 9am Thursday 11th March.

Competition will close on the 25th of March and all entrants will be judged on the 26th with major prize winners announced later that day, as well as be featured in the following newsletter and our social media pages.

Printed copies of the colouring page will also be available to pick up from our office. Good luck!

EASTER COLOURING



Name:

Age:

Contact No:

COMMUNITY NOTICEBOARD

To advertise contact: communications@sanctuarylakes.com.au

*conditions apply

Parklife – the life of the park, coming to a park near you!

Wyndham are bringing the family fun and entertainment to YOUR local park! In a series of 6 family fun filled weekends look out for the Parklife roadshow coming to your local park during March and April. Saturdays are for music and theatre with; The Mik Maks, The Kazoos, The Mexican Music Man and The Bandicoots Show.



Truganina

Saturday 20 March - Arndell Playground, Cnr Cheviot Drive and Locksley Drive, Truganina

Entertainment: Mik Maks, The Bandicoots, Mexican Music Man

Sunday 21 March - Arndell Playground, Cnr Cheviot Drive and Locksley Drive, Truganina

Entertainment: Movie – Sing

Manor Lakes

Saturday 27 March - Lollipop Hill Park, Bertie Street Manor Lakes

Entertainment: Kazoos, The Bandicoots, Mexican Music Man

Sunday 28 March - Lollipop Hill Park, Bertie Street Manor Lakes

Entertainment: Movie – Sing

Point Cook

Saturday 10 April - Upper Point Cook Playground - Rocket Park, Webster Street, Point Cook

Entertainment: Mik Maks, The Bandicoots, Mexican Music Man

Sunday 11 April - Upper Point Cook Playground - Rocket Park Webster Street, Point Cook

Entertainment: Movie – Sing

Tarneit

Saturday 17 April - Baden Powell Reserve, Baden Powell Drive, Tarneit

Entertainment: Mik Maks, The Bandicoots, Mexican Music Man

Sunday 18 April - Baden Powell Reserve, Baden Powell Drive, Tarneit

Entertainment: Movie Sing

Werribee

Saturday 24 April - Riverwalk Village Park, Newmarket Rd, Werribee

Entertainment: Kazoos, The Bandicoots, Mexican Music Man

Sunday 25 April - Riverwalk Village Park, Newmarket Rd, Werribee

Entertainment: Movie Sing

