

SANCTUARY LAKES RESORT NEWS

October 23, 2018



CHRISTMAS AT THE LAKES RETURNS IN 2018: BIGGER AND BETTER

The 12th Christmas at the Lakes event will take place this year on 1st December commencing at 2pm.

The event features live entertainment from 2 pm until 10.30 pm, together with rides, stalls, food vendors, Santa from 6.15 pm and fireworks at 9.30 pm.

The entertainment showcases local performers and there are still a couple of vacancies on the bill – if you are interested in performing, please contact Sandee on 0437 115 933.

Similarly, there are a couple of vacancies for new stall holders and, if you are interested in participating, please contact Therese on creightontherese@hotmail.com.

For further information, see the web site www.christmasatthelakes.org.au.



**Have your photo featured in our
newsletter**

For more information email communications@sanctuarylakes.com.au

ANNOUNCEMENTS



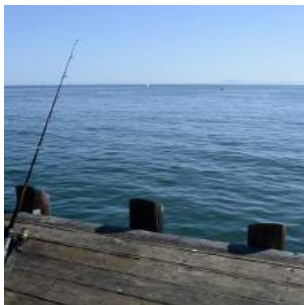
OFFICE CLOSED TUESDAY 6 NOVEMBER 2018

The SLRS Office will be closed on Tuesday 6 November 2018 due to the Melbourne Cup Day public holiday. The office will reopen on Wednesday 7 November 2018 at 9am. The Recreation Club will still be open from 8:00am - 6:00pm on the day. The Waterstone Cafe will remain open as usual.



GRASS GROWTH

With the recent and anticipated upcoming warmer weather, grass and weed growth in parks, on nature strips or centre median strips will be at a faster rate in comparison to recent months. The Resort Maintenance team is endeavoring to mow areas once a week, but this will be driven by weather conditions. Please be aware that the Boulevard cannot be mowed when the roads are wet due to safety reasons.



FISHING REMINDER

Please note that if you are intending to fish in the lake, that it is illegal to enter private property and fishing lines cannot be left unattended. There have been recent concerns about wildlife becoming injured or trapped within fishing lines. If you do encounter this, please call the AGL Marine Response Unit on 1300 245 678.



RECREATION STRATEGY SURVEY REMINDER

There's still time to add your input to the Recreation Strategy Survey discussed in our last newsletter. If you are interested in participating you can complete the survey

at: <https://www.surveymonkey.com/r/2JBN7GV>

The survey closes on Monday 29 October 2018 at 5pm.

LAKE VESSELS

FEATURE



The M.V. Garry Sleeman, a paddle wheel harvester in background and the barge in front

The Resort's iconic saltwater lake is a man-made marvel constructed over former salt evaporation ponds and covering 60 hectares. It is home to a diverse ecosystem with fish, small invertebrates and aquatic vegetation all thriving in our lake.

One of the key features of this ecosystem is the sea grass. It provides food and shelter for the animals that live in or near the lake. It acts as a filter for water and sediment and has many other useful benefits. Maintaining health of the lake ensures less likelihood of toxic algae blooms. The maintenance of sea grass levels within the lake is essential to overall lake health, and there's a lot of it to maintain! In 2017 alone, in excess of 960 tonnes of sea grass was harvested from the lake by our lake maintenance vessel fleet.

This fortnight we take a look at the vessels within the fleet and what roles they play in helping the Resort Maintenance team to keep the lake as healthy as possible.

The M.V. Garry Sleeman is a paddle wheel harvester which operates in the more open and deeper areas of the lake. Its job is to harvest and collect sea grass and algal blooms (when required). The operator of the vessel uses a sophisticated Global Positioning System (GPS) to ensure the sea grass is cut with a perfect overlap and 300mm below the surface.

LAKE VESSELS

FEATURE



Truxor



Truxor with t-bar cutter



Unloading truxor on barge

In the shallower areas and edges of the lake, two truxors are used. These amphibious vessels are used to collect floating debris as well as cut and collect sea grass and algal blooms (when required). The vessels were purchased to assist with maintenance close to the lake wall and will typically work 2 widths (or approximately 3 to 4 metres out from the lake wall). Both truxors can regularly be seen collecting sea grass, algal blooms and debris at planned locations around the lake.

Finally, there is the barge. This acts as a supporting vessel for the truxors and the harvester and can hold 2-3 tons of material on it. It receives materials such as sea grass which are later transported to a specialist organic waste facility. The sea grass is recycled into compost at this facility, which is then used at local parks and other open space areas. The barge and the truxors typically work hand-in-hand; the barge travels out to the truxors (due to the slow speed of the truxors in the water), and accepts sea grass, algal blooms and other debris from the truxors. From time to time the M.V. Garry Sleeman will also unload sea grass on the barge.

The schedule of the vessels is dictated by weather (wind especially) and growth rates of sea grass.



WATER SAFETY

Swimming can be a great way to enjoy the summer and with the hot weather already starting to kick in there are a few water safety tips to keep in mind. Children should always be supervised when in and around water; they should be within arms length if they are younger, and within sight of you with no boundaries (such as fencing or doors) between you at all ages.

The lake in the Resort is for recreational (non-powered) use only. Swimming is not permitted in the lake. Paddle boarding and kayaking are favoured past times.

A lifejacket or buoyancy aid should always be used when participating in recreational water activities, and water conditions should be checked prior to entering the water. For more information on water safety visit <https://www.royallifesaving.com.au/>



FIRE

Each year the Country Fire Authority (CFA) declares a Fire Danger Period during periods where there is an increased risk of fires occurring. In this period, Total Fire Bans can also be declared on days when fires are likely to spread rapidly and be difficult to control. During this period, restrictions on barbecues, other outdoor cooking, fuel powered gardening tools (such as lawn mowers and chainsaws), welding, grinding and other activities apply. In some instances these activities are completely banned on Total Fire Ban days.

Electric barbecues within Sanctuary Lakes Resort are permitted on Total Fire Ban days but only if the distance between the perimeter of the barbecue is clear of flammable materials and a container with at least 10 litres of water is available for immediate use. For more information, or to check the fire restrictions in place visit the CFA website at: <https://www.cfa.vic.gov.au/warnings-restrictions/can>



REC CLUB

The Recreation Club offers a number of classes (fees may apply). An overview of these classes is provided below. You can view the Group Class Timetable on our website

at: <https://www.sanctuarylakesresort.com.au/index.php/resortfacilitie/recreation-club>

YOGA



A body and mind workout, using techniques and body postures to work muscle flexibility, control breathing, relax muscles and offers a simple form of meditation.

AQUAFIT



Bodyweight movement and exercises using water resistance in the pool. Aquafit is great for low impact activities to strengthen muscles and for rehab purposes.

PUMP



Medium to high intensity workout to improve strength, muscle endurance and cardiovascular fitness. Pump bars and steps are the main equipment used within the sessions.

SPIN



Performed on stationary bikes mainly to improve cardiovascular fitness. Workouts include various interval training methods, sprints, uphill rides while seated or standing.

BOXFIT



Medium to high intensity workout to improve cardiovascular fitness and boxing skills.

TAEKWONDO



A kids program activity. Enquire at reception for more details.

CIRCUIT



Circuit training is a combination of exercises using a variety of equipment such as dumbbells, swim balls, medicine balls and bar bells to improve general fitness and strength.

*Note: All classes can be performed by beginners, intermediate or advanced participants. The instructor will modify exercises or intensity as required to match all participants.

COMMUNITY NOTICEBOARD

To advertise contact: communications@sanctuarylakes.com.au

*conditions apply

12PM-4PM
Driving Range Open Day



SUNDAY 28 OCTOBER

70 GREG NORMAN DRIVE - DRIVING RANGE
ADJACENT TO QUEST APARTMENTS

- FREE RANGE BALLS
- FREE GOLF CLINICS
- LONGEST DRIVE USING TRACKMAN
- NEAREST TO THE PIN COMPETITION
- FIRST TO HIT THE GONG CHALLENGE
- SNAG GOLF FOR JUNIORS
- PRIZES AND GIVEAWAYS

 CLUB@SANCTUARYLAKESCLUB.COM.AU
WWW.SANCTUARYLAKESCLUB.COM.AU (03) 9394 9494

 GOLF MONTH
OCTOBER



**CHRISTMAS
AT THE
LAKES 2018**

**SATURDAY
1 DECEMBER 2018**

BREEZEWATER RESERVE
SANCTUARY LAKES



**WATERSTONE
CAFE**

waterstonecafe.com.au | (03) 9395 7800

TO ADVERTISE

To advertise on the noticeboard, please contact: communications@sanctuarylakes.com.au

Please note that advertising is only permitted by non-profit organisations, local community based groups and organisations and is subject to approval by SLRS.

WHAT'S ON

Around Sanctuary Lakes



DINING



WATERSTONE CAFE

RESTAURANT,
FUNCTIONS, LIVE
MUSIC ON FRIDAY
NIGHTS

BOOKINGS 9395 7800

LAKEVIEW RESTAURANT

OPEN 7 DAYS A WEEK

FROM 8:00AM

BOOKINGS 9394 9442

City West Water

System Upgrade

Construction works are continuing for the City West Water sewer system upgrade. These works include the construction of a new pipeline.

Works have now been completed in the Sanctuary Lakes golf course and are now occurring in Celebration Drive. They will also take place in North Shore Drive and Spinnaker Rise.

Canal Maintenance

This Thursday the truxor and dingy will be lowered into the canal for maintenance works and to replace barley straw bales.

Park Furniture



Sanding and staining of park furniture is currently being undertaken throughout Resort parks.

Turf Renovations

Turf renovations are being undertaken at various locations throughout the Resort. These will continue until the beginning of November.

Connect with us

SANCTUARY LAKES
RESORT SERVICES
(SLRS) OFFICE: 9394 9400

FACEBOOK: SANCTUARY LAKES
RESORT SERVICES
TWITTER: @SANCTUARYLAKES1
INSTAGRAM: @SANCTUARYLAKES3030

OWNERS CORPORATION
ADMINISTRATION:
9394 9400

ARCHITECTURAL REVIEW
COMMITTEE: 8320 5393

SECURITY: 9394 9477

RECREATION CLUB
(INCLUDING TENNIS
COURT BOOKINGS):
9394 9430